



travel to



JAPAN

TRAVEL STARTER KIT

Everything you need to plan
your dream trip to Japan



FREE



 [gotourly.com](https://www.gotourly.com)

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10-DAY JAPAN ITINERARY

The perfect blend of tradition, modernity & nature

DAY 1-2

TOKYO

Arrive · Shinjuku
Shibuya crossing · TeamLab Borderless

DAY 4

NIKKO

Day trip · Toshogu Shrine
Kegon Falls

DAY 6

KYOTO

Fushimi Inari gates · Nishiki Market
Gion stroll

DAY 8

NARA

Day trip · Deer Park
Todai-ji · local wagashi

DAY 10

OSAKA

Tsutenkaku · last shopping
evening flight home

DAY 3

TOKYO

Senso-ji Temple · Akihabara
Harajuku & Takeshita St.

DAY 5

HAKONE

Mt. Fuji views · Onsen soak
Lake Ashi cruise

DAY 7

KYOTO

Arashiyama bamboo · Kinkaku-ji
tea ceremony

DAY 9

OSAKA

Dotonbori · street food
Osaka Castle

★ **PRO TIP:**

Book shinkansen tickets in advance — save up to 30% with an online discount!

Use Hyperdia or Google Maps to plan train routes between cities.

JR PASS TIPS

Travel smarter, not harder

1

Buy BEFORE you fly

JR Pass is only sold outside Japan. Order online & pick up at the airport.

2

7, 14 or 21 days?

10-day trip? The 14-day pass (¥50,000) gives the best flexibility.

3

What it covers

All JR shinkansen (except Nozomi/Mizuho), local JR lines & some ferries.

4

Activate strategically

Don't activate on arrival day — wait until your first bullet train ride.

5

Seat reservations

Free with JR Pass! Reserve at any JR ticket office (●●●●●●).

6

IC Card combo

Pair with Suica/Pasmo IC card for subways & local buses not on JR.

BUDGET CHECKLIST

10days · mid-rangetraveller

✈ Flights

¥80,000–140,000

- Round-trip from Europe/US
- Book 3+ months ahead

■ Accommodation

¥6,000–15,000/night

- Budget: capsule hotel
- Mid: business hotel
- Splurge: ryokan

■ Transport

¥50,000–60,000

- 14-day JR Pass ¥50,000
- IC card top-up ¥5,000
- Local buses/subway ¥3,000

■ Food

¥2,500–5,000/day

- Convenience store meals
- Ramen / sushi
- Izakaya dinners

■ Attractions

¥15,000–30,000

- Temples free – avg ¥600
- TeamLab ¥3,200
- Day trips ¥2,000–4,000

■ Shopping

Budget as needed

- Tax-free for 5%+ purchases
- Duty-free at airports

ESTIMATED TOTAL (10 days):

¥250,000–400,000

Excluding international flights

PACKING LIST ■

Pack light, pack right — Japan has everything you need

DOCUMENTS & MONEY

- Passport (valid 6+ months)
- Printed JR Pass voucher
- Travel insurance docs
- Credit card (Visa/Mastercard)
- Some yen cash (¥50,000+)
- Colour copies of all docs
- Emergency contacts list

CLOTHING

- Comfortable walking shoes
- Slip-on shoes (temples!)
- Light layers / base layers
- Compact rain jacket
- Smart casual outfit (restaurant or phone with good camera)
- Socks without holes (shrinkage)
- Small day bag / backpack

TECH & CONNECTIVITY

- Pocket Wi-Fi (pre-book online)
- Portable charger / power bank
- Universal travel adapter
- Earphones / noise-cancelling
- Smartphone with good camera
- Google Translate app (offline)
- IC card (Suica / Pasmo)

HEALTH & ESSENTIALS

- Prescription meds + extra
- Sunscreen SPF 50+
- Hand sanitiser & tissues
- Basic first aid / pain relief
- Lip balm (dry winter / AC)
- Small umbrella
- Reusable water bottle

JAPAN-SPECIFIC TIPS

- Small towel (sentos!)
- No deodorant spray (banned)
- Modest swimwear for onsen
- Business cards if networking
- Tote bag (plastic bag fees)
- Coin purse (Japan is cash-heavy)
- Snack budget for 7-Eleven

★ Remember: Luggage delivery (takkyubin) between hotels is cheap & easy in Japan ★

Use Yamato Transport (ヤマト運輸) to ship bags ahead — ¥1,500–2,500 per bag